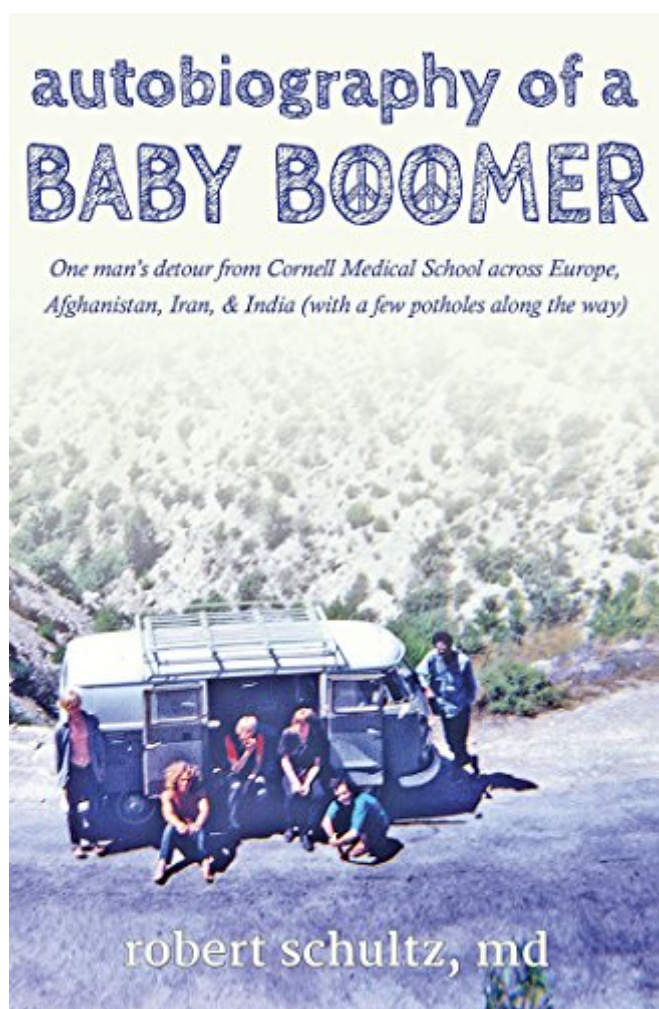


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# Autobiography Of A Baby Boomer: One Man's Detour From Cornell Medical School Across Europe, Afghanistan, Iran, And India (with A Few Potholes Along The Way)





## Synopsis

In *Autobiography of a Baby Boomer* you'll follow the journey of a post-modernist baby-boomer from Father Knows Best middle class Fair Lawn, New Jersey to the hippy trail through Europe, North Africa, the Middle East and Asia. The overland journey in search of something more than he could find at Cornell University Medical College covers four years during a time when "dropping out," "turning on," and "free-love" were the gospel. Through his travels, drugs, s@nces, very far-out "Road People," and his parents' unrelenting love, author Robert Schultz comes to truly appreciate the American way of life. In an admittedly unconventional way, Schultz discovers the rather conventional joy of having a family and the awesome responsibility that comes with it.

## Book Information

File Size: 4564 KB

Print Length: 432 pages

Publisher: Light Messages Publishing; First edition (May 28, 2013)

Publication Date: May 28, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00CDGPN74

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #739,410 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #39

in Books > Travel > Middle East > Iran #58 in Books > Travel > Asia > Afghanistan #181

in Kindle Store > Kindle eBooks > Nonfiction > Travel > Asia > India

## Customer Reviews

This book was one that you definitely do not want to judge by the cover, which I found a bit misleading. Although the author does spend some years traveling around Europe in a hippie bus experiencing youth's greatest pursuits (namely sex, drugs and rock 'n' roll), the majority of the book focuses on what happened after those years. I very much enjoyed the portions of the book that dealt

with Schultz's carefree, fly-by-the-seat-of-his-pants adventures in his late teens and early twenties. What a time he lived in and, to his credit, took full advantage of. Seeing the most amazing countries mostly by auto, staying in hippie communes and beach communities populated by drug dealers and experimenters, musicians, artists and beautiful women and men must've surely been the epitome of any American's youth. However, once Schultz returns to the United States and decides to pursue his medical career as a doctor in earnest, his life path takes a sharp turn to the right. As the years pile on and family obligations build, so does Schultz' seemingly never-ending pursuit of more, more, more. More money, bigger practices, larger houses, better schooling for his three children, more expensive cars and other status symbols. While I don't begrudge him this (in fact, I think more Baby Boomers took this path than care to admit), it becomes laborious reading in light of his earlier pursuits. Schultz seems to have lost most of that magic and innocent curiosity that he lived by in his younger days and I found this very sad and in all honesty, boring. His tirades to his Brothers in Arms (his generation) in the last several chapters of the book are self-indulgent and complete overkill. An interesting read and take on the Sixties generation, not really about where they came from, but where they ended up.

An unusual story of a remarkable man who couldn't find himself despite the wonderful opportunities he had offered to him, his seeking nirvana was a great adventure but provided him little in reaching his goal until he touched his home base and found in the area the very understanding he needed to realize the end of his quest. Four years of searching for that which was in his grasp at the start.... The deep love of his parents and family that was the spring board to his future career and happiness,, A great read for everyone not just Baby Boomer. This senior citizen found much of value therein.... H.S.

I liked reading Bob Schultz's story. He certainly has had many interesting adventures. I expected most of the book to be about his hippie days but this was not the case. Most of the book is about his career as an orthopedic surgeon. I found it difficult to reconcile his hippie days with his later more materialistic, conservative life. As a baby boomer hippie, I always wondered what happened to all the hippies. We believed in peace and love and acceptance of differences. What was mine was yours and we were all brothers and sisters. We were innocently idealistic and non-materialistic. We truly believed that when our generation came of age, we would change the world into a peaceful utopia. So it was interesting to me to see the evolution from hippie to mainstream conservative. There were some minor errors which seem to be caused from using a dictation system. There was a

horrible car accident in the early part of the book in which Bob Schulz was badly hurt. I found it disconcerting that he never mentioned whether the other three people in the car were okay. I also thought the book was overly long and found the last few chapters to be extraneous. The ending should be more concise. I liked the insertion of historical events which helped put the times into context. Overall, I enjoyed this book and this baby boomer's unique story.

Robert Schultz was able to keep my attention in this book with his colorful journey of life. We've all heard about the hippy scene on TV, books and the news, but this was real and he experienced the adventures you only hear about...or wanted to be part of. The family, choices, reality, does and don'ts, all made this a fun book to read. I have traveled to most of the places Robert took us through, but in a more current and different time. Wow, it takes most of maybe a year to figure out what they want to do with there life.....four plus years, he figured it out. Obviously a good choice based on his professional career and accomplishments. I highly recommend this book for anyone that wants to be entertained and an occasional laugh!!

I liked the historical information and the candid way he wrote about his experience. Dr. Schultz did not sugar coat anything, he learned from his experience and came back to the U.S. And made something of himself by working and studying hard. I came to this country in 1967, so I am familiar with a lot that occurred during that period because I was here, but I am also familiar with things that occurred before that time. I remember exactly where I was in the island when President Kennedy was shot. I hope his kids and his wife read his book and be proud of hi.

Life is a journey and in Autobiography of a Baby Boomer, the author recalls his incredible life's journey with all it's joys, fears, humor, hard work and fascinating people and places. It is written in a lively enjoyable style with detailed descriptions that make you feel as if you are there. I particularly enjoyed Dr. Schulz' final reflections of the baby boomer generation and his sense of gratitude for his family and life's blessings. Highly recommended for all ages- I'm sharing it with my 91 year old mother!

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